

AMUL: FROM VILLAGE TO NATIONAL PRIDE

How a Farmer-Owned Cooperative Became India's Largest Food Brand

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ABSTRACT

Amul began in 1946 as a protest. A small group of farmers in Kaira district, Gujarat, tired of being underpaid by a private milk trader with a government-backed monopoly, organised themselves into a cooperative to sell milk directly. Under the guidance of Sardar Vallabhbhai Patel and Tribhuvandas Patel, and later shaped decisively by a young engineer named Verghese Kurien, that local protest grew into the Gujarat Co-operative Milk Marketing Federation (GCMMF) the organisation behind the Amul brand, now the largest food brand in India.

This case study traces that journey: from a single-district cooperative to the architecture of India's White Revolution, to a modern FMCG powerhouse that crossed ₹1 lakh crore (₹1 trillion) in total brand turnover in FY26. It examines the structural model the “Anand Pattern” that made this growth possible, the marketing choices (most famously, the Amul girl) that built a national emotional connection, and the challenges the cooperative faces as it competes against well-funded private and multinational dairy and foods companies.

The central argument of this case is that Amul's scale is not an accident of good marketing alone. It is the outcome of a deliberately designed ownership structure that aligned the incentives of millions of small farmers with the growth of the brand itself a structural advantage that is difficult for any privately owned competitor to replicate, and one with lessons for how large-scale, inclusive institutions can be built in India.

This case study also examines a contemporary development that puts Amul's most valuable asset consumer trust directly to the test. In 2026, Maharashtra's Food and Drug Administration (FDA), under Commissioner Tukaram Mundhe, launched an aggressive statewide crackdown on milk adulteration under the “Safe Food, Safe Maharashtra” campaign. The enforcement drive uncovered an organised racket in which criminals were not adulterating Amul's own production, but counterfeiting Amul's packaging itself: printing fake Amul milk pouches, tampering with genuine sealed pouches to siphon off pure milk and refill them with contaminated water and chemicals, and distributing tens of thousands of counterfeit pouches every month under the trusted Amul name.

This turns the case in an important direction. Amul is not the subject of the FDA's enforcement action it is, in effect, a victim of it, and a beneficiary of the crackdown that followed. The episode illustrates a risk that scale and trust both create: the more recognisable and trusted a brand becomes, the more attractive it is for counterfeiters to imitate, and the more that brand's own reputation depends on external institutions like the FDA, and on its own anti-counterfeiting systems, to protect what decades of the Anand Pattern and consistent brand-building have built. This case study therefore closes not only with recommendations on

Amul's growth strategy, but with specific recommendations on how Gujarat Cooperative Milk Marketing Federation (GCMMF) can strengthen packaging security and consumer verification to protect its brand equity against this emerging threat.

INTRODUCTION

India today is the world's largest milk producer, and Amul is central to that story. Yet at the time of Amul's founding, India was a milk-deficient country, importing dairy products and relying on inefficient, exploitative private trade for whatever domestic supply existed. The transformation from that starting point to the present where a farmer-owned brand competes credibly against Hindustan Unilever, Nestlé, and other global food companies is one of the most significant institution-building stories in independent India's economic history.

This case study is built for a management audience, and its purpose is not simply to recount Amul's history for its own sake, but to extract the specific structural and strategic choices that enabled a village-level cooperative to scale nationally without losing its founding purpose: better prices and better lives for small milk producers. Those choices span organisational design, supply chain strategy, and brand-building and each is examined in turn in the sections that follow.

BACKGROUND AND CONTEXT

The Kaira Crisis and the Birth of a Cooperative

In the 1940s, milk producers in Gujarat's Kaira district sold their milk to Polson Dairy, a private company that held an effective monopoly over milk collection in the region, backed by the colonial government's licensing system. Farmers had no bargaining power prices were dictated to them, and payment was often delayed. On the advice of Sardar Vallabhbhai Patel, local farmers under the leadership of Tribhuvandas Patel organised the Kaira District Co-operative Milk Producers' Union in December 1946, cutting out the middleman entirely and selling milk directly to the Bombay Milk Scheme.

The turning point in the cooperative's development came with the arrival of Dr Verghese Kurien in 1949. Trained as an engineer and initially posted to Anand somewhat reluctantly as part of a government bond obligation, Kurien recognised the scale of what the farmers had built and chose to stay, dedicating the rest of his career to it. Working alongside dairy scientist Dr H.M. Dalaya, Kurien's team achieved a critical technical breakthrough. commercially viable production of milk powder and condensed milk from buffalo milk, rather than the cow milk used almost everywhere else in the world. This single innovation mattered enormously in the Indian context, since buffalo milk was the dominant source of milk in the country it meant Indian dairying no longer needed to depend on imported cow-milk-based technology and inputs.

The Anand Pattern

What Kurien and the Kaira union built came to be known as the “Anand Pattern” a three-tier cooperative structure that remains the backbone of Amul's organisation today. At the village level, farmers formed small dairy cooperative societies, each collecting milk from its members daily and receiving payment based on fat and quality content, not just volume. At the district level, these village societies federated into district unions (such as the original Kaira Union, still branded Amul) that ran processing plants and set procurement prices. At the state level, these district unions came together under Gujarat Co-operative Milk Marketing Federation GCMMF, which handled marketing, brand-building, and distribution under the unified Amul brand across India and, increasingly, abroad.

The elegance of this structure is that ownership and governance sit with the farmers themselves at every tier elected farmer representatives, not external shareholders or a single owning family, sit on the boards that set policy. Profits flow back down the chain to the farmer-members rather than out to external investors. This is the structural feature that distinguishes Amul most sharply from its private-sector competitors, and it is the feature this case study returns to repeatedly, because it explains choices that would otherwise look strategically unusual such as Amul's consistent pricing discipline and its reluctance to prioritise short-term margin over farmer payouts.

OPERATION FLOOD AND THE WHITE REVOLUTION

The Anand Pattern's success in Kaira caught the attention of India's national planners. In 1970, under Kurien's leadership, the National Dairy Development Board launched Operation Flood, a programme to replicate the Anand Pattern across the country using “flooding” of surplus skimmed milk powder donated by the European Economic Community as working capital, converted into a fund for building India's own dairy infrastructure rather than creating import dependence. Over roughly three decades, Operation Flood transformed India from a milk-deficient nation into the world's largest milk producer a shift widely referred to as the White Revolution. Amul's own model was, in effect, exported to the rest of the country through this programme, and GCMMF became both a beneficiary and a symbol of that larger transformation.

METHODOLOGY

This case study is based on secondary research: publicly documented institutional history of GCMMF and the National Dairy Development Board, GCMMF's own disclosed financial and operational figures, and published business and management literature on the Anand Pattern as a cooperative model. It does not include primary interviews with farmer-members or GCMMF management, and should be read as an external analytical account rather than an official institutional history.

FRAMEWORKS APPLIED

- Institutional/structural analysis of the three-tier Anand Pattern, to understand how ownership design shapes incentives and outcomes differently from a conventional corporate structure.
- Brand equity analysis of Amul's marketing strategy, particularly the longevity and consistency of its topical advertising, as a driver of consumer trust independent of product-level advertising spend.
- Scale and growth-trend analysis using GCMMF's and the wider Amul brand's turnover

Period	GCMMF Turnover	Notes
FY21	~₹39,200 crore	Marginal growth through the pandemic period
FY24	~₹59,259 crore	8% year-on-year growth
FY25	~₹65,911 crore	11% year-on-year growth; total Amul brand turnover ~₹90,000 crore
FY26	~₹73,450 crore	Total Amul brand turnover crosses ₹1 lakh crore for the first time

- figures over time, to assess the pace and durability of the cooperative's growth.

AMUL'S GROWTH IN NUMBERS

“The Amul brand's growth is unduplicated across 18 member unions and 3.6 million farmer-members scale built from the bottom up, not funded from the top down.”

The figures show consistent double-digit growth in recent years, driven predominantly by volume rather than price increases. GCMMF has, if anything, been cautious about raising consumer prices, even cutting milk prices in January 2025 to encourage larger purchases. This is a notable strategic choice for a company with obvious pricing power in many of its markets, and it reflects the cooperative's underlying mandate: sustainable farmer payouts and consumer trust take priority over margin maximisation in any single year.

BRAND-BUILDING: THE AMUL GIRL AND TOPICAL ADVERTISING

Alongside its supply-chain and institutional innovations, Amul built one of the most enduring marketing properties in Indian advertising history: the Amul girl, a mascot introduced in 1966, and the accompanying topical hoardings that comment on current events with a short, witty pun, released almost weekly for well over five decades. Unlike most FMCG marketing, which relies on large, campaign-based advertising spend, Amul's mascot campaign has run continuously at comparatively low cost, building familiarity and goodwill through consistency and cultural relevance rather than reach purchased through media spend. This is arguably one of the most capital-efficient brand-building exercises in Indian corporate history, and it aligns naturally with the cooperative's structural need to keep costs low so that more of every rupee earned can flow back to farmer-members.

SWOT Snapshot

Strengths	Weaknesses
Farmer-aligned ownership; the Anand Pattern's three-tier structure; five decades of consistent, low-cost brand-building; India's largest milk procurement network.	Cooperative governance can slow fast, capital-intensive decisions; limited ability to raise large external capital compared with private-equity-backed rivals.
Opportunities	Threats
Premium and value-added dairy categories; packaged foods diversification; measured international expansion via partnerships.	Well-funded private and multinational competitors in high-margin categories; changing consumer habits (D2C, plant-based alternatives) that favour faster-moving challenger brands.

CHALLENGES

Despite its scale and structural advantages, Amul faces genuine strategic challenges as it competes in a market increasingly shaped by private capital, digital-first D2C brands, and changing consumer habits. This section considers the key challenges and the strategic responses available to the cooperative.

Challenge 1: Competitive Pressure from Well-Funded Private Players

Private dairy and foods companies, along with international entrants, can raise capital far faster than a cooperative structure allows, and can move faster on categories like premium and value-added dairy (flavoured yoghurt, protein products, plant-based alternatives) where margins and growth are currently strongest. Amul's response has been to expand its own product range considerably including ice creams, cheese, chocolate, and more recently

ready-to-eat foods, organic staples, and bakery items leveraging its existing distribution and brand trust rather than competing purely on capital.

Challenge 2: Maintaining Farmer Incentives at Growing Scale

As GCMMF has grown, maintaining the direct, responsive relationship between farmer payouts and cooperative performance becomes organisationally harder a risk common to any institution scaling well beyond its founding size. Continued investment in the three-tier governance structure, transparent and prompt payment systems, and technology-enabled milk quality testing at the village level are essential to preserving the trust that gives Amul its core structural advantage over privately owned competitors.

Challenge 3: International Expansion

GCMMF's entry into the United States market in 2024, through a partnership with the Michigan Milk Producers Association, and its stated ambition to expand further internationally, represents a meaningful departure from Amul's historically domestic focus. International dairy markets involve different regulatory, cold-chain, and competitive dynamics than India's domestic market. The recommended approach is a measured, partnership-led expansion model (as already adopted in the US) rather than a capital-intensive owned-infrastructure approach, allowing GCMMF to test international demand without diverting resources away from its core domestic farmer network.

Challenge 4: Counterfeiting and Packaging Security

As the 2026 Maharashtra FDA crackdown demonstrated, Amul's packaging itself has become a target for counterfeiters, who profit by imitating trusted brand names rather than building their own. Purely reactive enforcement valuable as Commissioner Mundhe's raids have been cannot fully close this gap on its own, since new counterfeit operations can resurface elsewhere once one printing unit is shut down. GCMMF's response should combine harder-to-replicate packaging technology (tamper-evident seals, holographic or QR-based verification that lets a consumer confirm a pouch's authenticity via a phone scan), closer coordination with state FDA and police units to share intelligence on suspicious packaging suppliers, and sustained consumer-awareness messaging potentially even using the Amul girl platform itself to teach consumers what a genuine, tamper-proof pouch looks like and how to report suspicious products.

CONTEMPORARY DEVELOPMENT: THE 2026 MAHARASHTRA FDA CRACKDOWN

Background: Tukaram Mundhe and “Safe Food, Safe Maharashtra”

In 2026, IAS officer Tukaram Mundhe, known for a strict, no-nonsense administrative style across several previous postings, took charge as Commissioner of Maharashtra's Food and Drug Administration (FDA). Within his first month in office, Mundhe launched an intensive, statewide enforcement drive under the banner “Safe Food, Safe Maharashtra,” targeting synthetic milk, fake dairy products, and harmful adulterants across the state's dairy supply chain from production units and chilling centres down to neighbourhood shops. The scale of the initial drive was significant: in roughly 30 days, FDA teams conducted 360 raids, registered 235 FIRs, arrested 350 alleged adulterators, and sealed 274 illegal units across Maharashtra.

The campaign continued in subsequent months with further coordinated, multi-district operations. One statewide sweep alone intercepted and destroyed nearly 2,000 litres of adulterated milk and 320 kilograms of processed dairy products such as basundi and ice

cream. A separate, larger investigation uncovered an organised synthetic-milk racket operating across Pune, Ahilyanagar, Solapur, Jalna, and Thane, in which an estimated 2.3 crore litres of synthetic milk manufactured from roughly 2.3 lakh kg of low-quality milk powder mixed with chemicals and blended with a small proportion of genuine milk had allegedly entered the market over a six-month period. That investigation led to 13 arrests, cases against 26 accused, the suspension of five food licences, and the seizure of adulterating chemicals worth approximately ₹1.48 crore. Mundhe has also directed that FDA testing laboratories may need to operate seven days a week, treating them as essential services rather than conventional government offices, underlining the administrative intensity behind the campaign.

THE AMUL CONNECTION: COUNTERFEIT POUCHES, NOT COMPANY WRONGDOING

Running in parallel with the FDA's own operations, the Mumbai Police Crime Branch uncovered a distinct but related racket that names Amul directly not as a wrongdoer, but as the brand being impersonated. Investigators found that criminal networks were tampering with sealed milk pouches of popular brands, including Amul and Gokul: genuine pouches were opened, the pure milk siphoned off and replaced with contaminated water or chemical mixtures, then resealed using heat-sealing equipment to look untouched before being sold to unsuspecting retail customers.

The investigation went further, tracing the source of counterfeit packaging itself. In August 2026, the Mumbai Crime Branch arrested a 65-year-old man, identified as Ramulu Guruvaryya Bodupalli, who had allegedly set up an illegal printing unit in Vasai East manufacturing fake Amul-branded milk pouches. According to the police, Bodupalli had been supplying these counterfeit pouches to adulteration gangs at approximately ₹2.50 per pouch since the Covid-19 period, producing an estimated 30,000 to 50,000 counterfeit pouches every month, which were then filled with adulterated milk and sold to consumers under the trusted Amul name.

It is important, from a case-analysis standpoint, to be precise about what this episode does and does not show. It does not indicate any lapse in Amul's own manufacturing, quality control, or ISO-certified plant processes the counterfeiting occurred entirely outside Amul's own supply chain, using fake packaging and tampered pouches assembled by third-party criminal networks. What it does show is the commercial value of trust itself: Amul's brand name has become valuable enough, and recognisable enough to consumers, that criminals find it worthwhile to imitate rather than build a competing brand of their own. In a sense, the counterfeiting racket is a distorted compliment to five decades of consistent quality and brand-building but one that actively threatens the very trust it is trying to exploit if consumers cannot reliably tell a genuine Amul pouch from a fake one.

WHY THIS MATTERS FOR BRAND EQUITY

For a cooperative whose entire structural advantage rests on farmer and consumer trust (as examined earlier in this case), counterfeiting of this kind is a strategically serious threat, even when the company itself has done nothing wrong. A consumer who unknowingly buys a tampered, contaminated pouch bearing the Amul name may reasonably blame Amul for the experience, regardless of where the fault actually lies. Left unaddressed, sustained counterfeiting in a market as large as Maharashtra could quietly erode the very asset unconditional consumer trust that took Amul decades and generations of farmer-members to build. This is precisely the kind of risk that a purely reactive, complaint-driven response cannot fully manage; it requires both strong external enforcement (of the kind Commissioner

Mundhe's FDA has demonstrated) and proactive brand-protection measures from GCMMF itself.

RESULTS, FINDINGS AND RECOMMENDATIONS

Key Findings

- Amul's scale is a direct outcome of its ownership structure the three-tier Anand Pattern aligns farmer incentives with brand growth in a way privately owned competitors structurally cannot replicate.
- Growth has been consistently volume-driven rather than price-driven, reflecting the cooperative's dual mandate to protect both farmer income and consumer affordability.
- Brand-building through the Amul girl campaign shows that consistent, culturally resonant marketing can build enduring brand equity at a fraction of the cost of conventional large-scale advertising.
- The cooperative's biggest strategic risks are external competitive pressure in high-margin categories and the organisational challenge of preserving farmer-level trust as the federation continues to scale.
- The 2026 Maharashtra FDA crackdown under Commissioner Tukaram Mundhe revealed that Amul's brand trust itself has become a target: criminals counterfeited Amul packaging and tampered with genuine sealed pouches to sell adulterated milk under the Amul name, without any fault in Amul's own production or quality processes.

LIMITATIONS OF THIS STUDY

This case study relies entirely on secondary, publicly available sources institutional histories, published financial disclosures, and business news coverage rather than primary interviews with farmer-members or GCMMF's management. Some historical details, particularly from Amul's founding years, are drawn from widely cited institutional accounts and may simplify a more complex on-the-ground history. Financial figures for recent years should be read as approximate, since GCMMF's turnover and the wider "unduplicated" Amul brand turnover (which includes sales by member unions outside GCMMF's own books) are reported somewhat differently across sources.

CONCLUSION

Amul's journey from a single-district protest cooperative to India's largest food brand is, at its core, a story about institutional design. The Anand Pattern's three-tier structure solved a problem that has defeated many well-intentioned cooperative and rural development efforts elsewhere: how to scale an organisation nationally without severing the link between the people who create the value and the people who govern and benefit from it. For a management student, the lesson of Amul is not simply that a good product and clever advertising can build a great brand it is that the ownership structure underneath a brand can be the deepest and most durable source of competitive advantage of all.

The 2026 Maharashtra FDA crackdown adds a timely postscript to this story. It shows that trust, once built, does not defend itself automatically it must be actively protected, both by strong external enforcement of the kind Commissioner Tukaram Mundhe's FDA has demonstrated, and by the brand's own vigilance against those who would imitate it. Amul's response to this moment, much like its response to the original Kaira crisis in 1946, will likely depend on the same underlying strength: a structure and a reputation built patiently over decades, which no counterfeiter can manufacture overnight.

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